
On the bottom

Posted by LoganTakeDown - 2009/05/27 13:21

Hello, my name is Logan. I'm pretty new here. I weigh 130, i will be 14 on the 31st. I train with a good friend. Whenever I end up below him, and he has a good base on me, i seem to have incredible trouble getting him off of me, or for me to switch my position. He is older than me by a little over a year. He weights a good 15-20 pounds more than me. Ive grabbed hold of his wrists before, but everytime I do so. he pummels my wrists then elbows me while holding onto my wrists. I HAVE seen this done here in a video. But I would either like to know the best way to get him off. or the best way to take advantage of his wrists.

Video response?

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Re:On the bottom

Posted by Louhmaylin - 2009/05/27 13:32

if you just want him off you when mounted and dont mind passing guard the just bride and roll. when he bases and his hand is on the mat pck a side trap his arm to his side by hugging his back and roll over your shoulder in that direction so he cant base on that side. then pass the guard. if you get the knee in the middle of his butt as soon as you have rolled then passing is quick and easy

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Re:On the bottom

Posted by Tabwyo - 2009/06/24 22:56

I bank on guys going for my wrists just so I can elbow them. That's the big risk with "high" wrist control (controlling his wrists at or above your waist). When I over or underhook for control I hook just above the elbow. This breaks their posture and negates elbows and punches. He can door knocker(raindrop) or hammer fist... but not enough to really hurt you.

As for sweeping him. If he really has that good of a base maybe you should consider a sub. I tend to find that guys who are really good at saying on top are really good because they are really focused on staying on top. And when you concern yourself greatly in one area you usually tend to miss things elsewhere. You rarely here a guy say "yeah, I got subed... I saw it coming a mile away". You usually hear " I was kickin butt then I got caught out of nowhere". Break down your disadvantaged positions and look for openeings. At best you submit him. At worst you force him to defend and open up a chance for you to sweep. Either way... you are a damned sight better off that just layin there eatin elbows.

If he has a full mount though. Go for freaking broke. Buck, fart, spit and swear. Even if you give something up you are going to force him totake it or pass it. And anytime a person goes for something they leave a little openeing you can exploit.

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Re:On the bottom

Posted by Arai - 2009/06/25 16:45

I had the same problem and the Rock'N'Roll really helps me out when I'm in somebody's mount. I'm a bigger guy at 210 and have more weight to throw around but I agree with Tabwyo in that start looking for the submissions oppportunites from the bottom, even just break his posture and look for an arm triangle but those sub opportunities are there just going to have to look for them.

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Re:On the bottom

Posted by E.Hartley3 - 2009/06/26 10:58

the most important advice i have about escaping mount is to do it RIGHT AWAY. what i mean by that is don't give your opponent the opurtunity to establish a good mount position. the moment he goes for mount, do what tabywo says, flail like a crazy person. you have 10 times more of a chance of escaping right away. if you give him even 2 seconds to

establish himself, it is going to be a lot tougher to get him off. also, i know that a lot of people don't recommend this, but as a last resort, i have no problem rolling onto my stomach, and then turtleing, this works especially well if the person is bigger and taller than you, as it is much harder for a taller guy to control a smaller guys back than it is for him to be mounted. you might get choked a few times but eventually you will learn how to defend yourself and escape.

Re:On the bottom

Posted by Louhmaylin - 2009/06/26 11:45

i agree with this if they have established a base on their mount it is much harder to escape then buking when they are still working on the base. i also agree with the last resort turtle but im bias because i have developed a very good defense to the RNC. ill usually get the guy frustrated going for the finish and get into guard and go from their

Re:On the bottom

Posted by E.Hartley3 - 2009/06/26 11:59

yeah, the more experienced i have become, the more comfortable i am giving my back. like i said, its not for everyone and im sure there are people out there that will disagree.

Re:On the bottom

Posted by shaun25 - 2009/11/29 07:21

hi i am also 14 my sparring partner is 30 kg's heavier then me. i had the same trouble i solved the probelm by twisting his right wrist towards the left i then twisted to the side then i pushed my right heel in to his carotid artery he soon tapped. if you can not get the tap this is a good postion to gain back control from i hope this helps you

Re:On the bottom

Posted by Tabwoy - 2009/11/29 21:52

Hey Richard.....

How's about a "Surviving the Mount" video?????

Re:On the bottom

Posted by Richard - 2009/11/30 08:02

Sounds like a winner... I'll see what I can do.

Re:On the bottom

Posted by killagina - 2009/12/01 03:47

Take steroids and muscle them!

Re:On the bottom

Posted by Tabwyo - 2009/12/01 11:10

killagina wrote:
Take steroids and muscle them!

You complain of the post quality on the site going downhill. Then you chime in with this jem.....

Re:On the bottom

Posted by moored26 - 2009/12/01 13:27

Tabwyo wrote:
killagina wrote:
Take steroids and muscle them!

You complain of the post quality on the site going downhill. Then you chime in with this jem.....:laugh: its just zing and counter zing. Good stuff keep it coming.

Re:On the bottom

Posted by Richard - 2009/12/04 18:28

LOL- that's hilarious...

Re:On the bottom

Posted by killagina - 2009/12/06 04:27

Tabwyo wrote:
killagina wrote:
Take steroids and muscle them!

You complain of the post quality on the site going downhill. Then you chime in with this jem.....

Sarcasm is a sign of degeneration, right? Figured I would help add to the corrosive posting this forum experiences on a daily basis though. Complaining and stating something are different, just by the way.

Re:On the bottom

Posted by Tabwyo - 2009/12/06 23:43

"Caustic"???? Pretty sure Richard runs a pretty tight line on the flaming, language and what not. Just because you cant argue a better angle for your points doesn't mean the sites agains you. Just means you are failing at making a real point.

Re:On the bottom

Posted by killagina - 2009/12/07 05:30

Tabwyo wrote:
"Caustic"???? Pretty sure Richard runs a pretty tight line on the flaming, language and what not. Just because you cant argue a better angle for your points doesn't mean the sites agains you. Just means you are failing at making a real point.

Not really caustic to be honest because I tend to speak in a manner similar to the way I posted, and I post that way if I

am carrying on a serious conversation with a person. If you thought I was speaking that way directly at you then you are incorrect, sorry if it came off that way though. I never attempt to argue on this forum because I view this forum as a place where I can post some information I know, and speak with laid back people who happen to share the same hobby I do, never made any implications the site was "against" me. My initial point was there is a lot of bickering, and it is corrosive to actual discussion. Of course you can not eliminate all user bias, but I feel that this forum has become sensitive and it takes away to the quality of discussion. I actually enjoy a lot of the things that are posted on this forum(Especially Richard,Moored, and you), but I also believe that people need to lose their annoying egotistical outlook on anything posted.

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Re:On the bottom

Posted by Tabwyo - 2009/12/07 10:23

I 100% agree. The only real bickering I've seen is regarding fighters. And you can't help thatat all. People are going to like and defend who they want to like and defend. Everything else on here seems to be pretty well spot on and kosher.

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Re:On the bottom

Posted by Richard - 2009/12/08 22:00

Much better guys... Thank you.

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