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## BJJ Specialist with Mario Roberto

Posted by Richard - 2010/01/25 21:06

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Mario Roberto has just released another set that anyone who is a serious grappler needs to check out. I actually got a lot from his Bear Trap and his Back Triangle techniques that he goes through in this series.

The set is called BJJ Specialist and I highly recommend it! Check out the promo video below and (more importantly) two sneak peeks at some of the content in this set.

[http://www.TrainFightWin.com/images/banners/BJJSpecialist\\_Rectangle.jpg](http://www.TrainFightWin.com/images/banners/BJJSpecialist_Rectangle.jpg)

{flv}BJJSpecialist{/flv}

Sneak Peek 1:

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Sneak Peek 2:

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